Sample Grade 5 Open-Ended Items

Below and on the following ten pages are examples of two different grade 5 open-ended items and student responses. As you look at the samples of grade 5 Rhode Island students' answers, you can refer to the scoring guide on page 6. The student samples displayed here received scores of 4, 3, 2, 1, and 0, respectively. A score of 4 indicates that a student has exceeded performance expectations for that particular question. A score of 3 means that a student has met expectations. A score of 2 shows that a student has performed below the performance standard. A score of 1 indicates little evidence of achievement. A score of 0 denotes an incorrect, off-topic, or non-health-enhancing response. You can see that it is a student's knowledge and understanding of health information and his/her ability to apply that information to a real-life situation that is being measured—not spelling, penmanship, grammar, or punctuation.

QUESTION 1

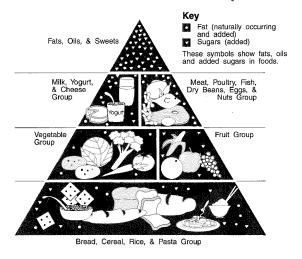
Standard One: Health Concepts

Students will understand concepts related to health promotion and disease prevention as a foundation for a healthy life.

Performance Description

Identify indicators of good nutrition during childhood (food pyramid, major nutrients, and impact of proper nutrition on health).

TEST QUESTION: Use the food pyramid below to plan a healthy and enjoyable one-day menu. Include breakfast, lunch, dinner, and snacks.



SCORE OF 4: This student's work represents a response that demonstrates an exceptional ability to apply, analyze, and interpret health concepts and skills on this item.

This is a plan for a one day menu. breaktast, I chose cemeds milk banana togoin the cereal. For 1 chose a peanut butter and jelly oranges, and grapes, to cittin ner Lichose spagetti and meatballs, Ltalian bread, tomato sauce, and broccollion the side. That he meat, peanut butter, and meat, balls, provide agood source of protien, which our muscles grow. The dairy, cheese, contain calcium that bones stay strong. It regetables, sliced banging, truitiuice, carnot sticks, apples, oranges, grapes, tomato sauce, and broccolli, vitamins to helpour body work. The breads, cereal, crackers, spagetti, and Italian bread, contain iron that helps your body grow. That is why I included

ANALYSIS: This student's response demonstrates in-depth understanding of good nutrition by presenting a balanced one-day menu that clearly reflects the guidelines of the food pyramid. The menu includes servings from each of the five groups in proportion to the food pyramid specifications. The response demonstrates additional insight by identifying the major nutrients (protein, calcium, and vitamins) found in the foods and discussing how each of these nutrients help the body, "protien, which helps our muscles grow," "calcium that help our bones stay strong," and "vitamins to help our body work."

SCORE OF 3: This student's work represents a response that demonstrates the ability to apply, analyze, and interpret health concepts and skills on this item. This high level of achievement is the performance standard expected of ALL students by 2003.

au should start of mena taluaus mean it al mary av hicken lit some name In between meals vegetables with

ANALYSIS: This student's response is a 3 because it describes a complete, balanced menu for the day. All food groups are proportionally represented and the student acknowledges that fats should be consumed sparingly with statements such as, "they could put butter on it but not too much." Further elaboration on topics such as serving size, number of recommended servings, or the nutrients supplied by various foods would raise this score to a 4. The completeness of this answer makes it better than a score of 2.

SCORE OF 2: This student's work represents a response that is incomplete or inaccurate. It demonstrates a partial understanding of some health concepts and skills on this item.

and enjoyable breakfast the would cloose milk, bread or toost with only a little bit of butter, some cereal, and a lanana or an orange.

Left it were to eat a healthy and apetizing meal for lunch it would choose some meat, maybe some milk or fruit juil to drink, maybe it could eat some vegetable soup and add crackers, or I could eat some pasta.

To eat a nutricious dinner il would shoose to eat some potatoes, peas, corn, or a different kind of vegetable, some meat, some bread with a little butter, or il could eat pasta.

ANALYSIS: This student's response is a 2 because it describes a one-day menu that includes some healthful foods from each of the food groups. However, the servings are not in the proportions recommended by the food pyramid, there are not enough servings of the grains, fruits, or vegetable food groups. The response demonstrates only a partial understanding of the guidelines presented in the food pyramid and, because it is incomplete, could not receive a score of 3. The accuracy of the information provided keeps the response from receiving a score of 1.

SCORE OF 1: This student's work represents a response that demonstrates minimal understanding of some health concepts and skills on this item.

I oday il will have a balonced and a stack for. I will have but such as and a bonana, hmm? steak, chicken, f almost done for a mack no a bowl of la cleam Me no some chips year so I aut some p for bench with cra of mear I'm eating

ANALYSIS: This student's response is a 1 because it demonstrates minimal understanding of how to use the food pyramid to plan a menu. The response includes an attempt to plan menus, but two meals consist of foods from a single food group, "fruit so I can have that for breakfast," "some pasta with italian bread for lunch with crackers." This answer does not demonstrate enough knowledge to receive a score of 2.

SCORE OF 0: This student's work represents a response that is either incorrect, not healthenhancing, or does not demonstrate any understanding of health concepts and skills on this item.

I will plan to healty and enjoyable one-day menus by puting everything I need. I will frist put fat, Oils, & sweets. Next I will pout Milk, yogust & Cheese group. Ofter that I'll put Meat, Poutry, Fish Dry Beans, Eggs & Nuts group. Then The Vegetable group. Next The Fruit group. Ofter that The Oread, Cenal, Rice, Pasta group.

ANALYSIS: This response is a 0 because it contains no attempt to plan a menu and demonstrates no understanding of the food pyramid. The student copied the words from the picture of the food pyramid provided in the test.



for my choices in making a one day menu would be son son sone all would have a nutritions meal containing cereal, toast and some delicions applelorance, vice.

delicious bolony and cheeper on white bread. My choice of a drink would be

ether grape juice or milk. These

bediner. I would have some corn, some chicken and some mashed potatos.

my smack would consist of the nutritions and delicious good tasting

yogurt or publing.

be puttlest from one sest shrink I with the property fit head the sources to the source them.

Here's my plan of ahealthy and enjoyable one day menu. For beakfast I would have cereal, with milk, and I would have a banana because all these foods are good and healthy for your body and they will get you on a good start in the morning. Then in between breakfast and lunch I would have a glass of orange juice and a yount these are also healthy foods. For lunch I would have a turkey sandwich with Luce and lettuce and then some cookies and milk. I would eat these foods because it gives me - good combination of the food groups. I would have some carrots and grapes a mixture of fruit and regatable treasure they are very good for my body.
For dinner I would have some pasta and I talian bread. These foods give me good cartohydrates, For descent de rould have some icerum.

For breakfast you should have a glass of milk, cereal and toast. You will i' get calcium and carbohydrates which will give you more strængth. For snack, you should have cither some nuts where you'll get protein, or fruit where you'll get vitamin e. For lunch you should have yogurt where you'll get calcium, an cappt where you'll get Vitamin A, and orange juice Where you'll get calcium and vitamin E. For snack you should have milk (calcium) and grapes (vitamine). For dinner you should have spagettisand meatbalk (carbohydrates and protein) and brocclickitamin A) It's important tor you to get calcium because you'll get stronger bones, vitamin E and A for your teeth and eyes, protein for your muscles, and carbotydrates for energy.

A healthy one day meal would be kidd like this. For break fest you cold have some ceareal (like whater or toutal) you cold, have some orenge juce with that too. For thack you could have a sandwich like a tunnfish, turke, or ham sandwitch, with that you could have melk with some yogert and apple sause as shakes. For dinner you cold have some saled, you could have chicken and a glass of milk.

For breakfast you should have a glass of milk, cereal and toast. You will ". get calcium and carbohydrates which will give you more strængth. For snack, you should have either some nuts where you'll get protein, or fruit where you'll get vitamin e. For lunch you should have yogurt where you'll get calcium, an cappet where you'll get Vitamin A, and orange juice where gou'll get calcium and vitamin E. For snack you should have milk (calcium) and grapes (vitamine). For dinner you should have spagettisand meatbalk (carbohydrates and protein) and brocclil vitamin A) It's important for you to get calcium because youll get stronger bones, vitamin E and A for your teeth and eyes, protein for your muscles, and carbohydrates for energy.

about for breakfat, which and durier. For breakfat you should have something from the break, cared and prote group dong with some things the fruitsgroup and weatable group. Also for breaklest you should have something from the downy group. Ill of these things are very helpful to the body For instance, milh heles your lones. For lunch a sandwich would be very healthy. It usuld include broad and maybe some meat. Neat has a lot of protein. For a smark, an order or course would be good. Also you could have milk as a drink, and you should have some kind of choosate or something the that has fat in it would be good because your body needs some fat. For dinner on should have synothing from the grain group like bread or pasts, a fruit and vegetable, something to driving the protein milk or juice, and made some meat for protein. Then have desert for a little but That is what I think a healthy one-day memu.

slices of toost bowl of I slices of bread with peanut butter glass of milh peices of letture slice of Ireva P gloss of milte 2 cups of posts & laked potato

For BreakFeast ythe could have Milk, Vogurt () And chose for lunch I could have meat. Pouttry, fish, DryBeans, eag's and Nuts. for dinner theres, fais, oits, and sweets. For snacks Allican have Fruits and vegetables. I am a very healthy Person.

QUESTION 2

Standard Two: Accessing Valid Health Information, Products and Services

Students will demonstrate the ability to access valid health information and health-promoting products and services.

Performance Description

Locate resources from home, school, and community that provide help.

TEST QUESTION: A family moves to a new town and their child, Lucia, enters a new school. There are no children her age in the neighborhood. Lucia finds getting used to the new school difficult and upsetting because she is unable to make friends or "fit in." Who could Lucia talk to for help? How could this person help Lucia?

SCORE OF 4: This student's work represents a response that demonstrates an exceptional ability to apply, analyze, and interpret health concepts and skills on this item.

One person that Lucia could to for help is the guidence talk at her new school. The reason that talking to this person would help her that helshe could give Lucia some tips how to make griends. Also she could tack to her parents. They could help her friends and "Fit in" because they have probably been through the same thing can give her advice from their own experience. Two more people that could nok for help one her teacher Lucia her principal. Her teacher could SO G help by introducing her to the class and maybe ablying a few of the children in her class to talk Lucia. The prince par coold nelp same way. I would walk to these people because I would seel as though the ones who I can trust the MOST.

ANALYSIS: This student's response is a 4 because it demonstrates in-depth understanding by providing insightful explanations of how various people could help Lucia. These include, "the guidance counselor ... could give Lucia some tips on how to make friends," "her parents ... can give her advice from their own experience," "her teacher could help by introducing her," and "the princepal could help in the same way." The response offers further understanding of the situation by indicating that these are good resources because "they are the ones who I can trust the most."

SCORE OF 3: This student's work represents a response that demonstrates the ability to apply, analyze, and interpret health concepts and skills on this item. This high level of achievement is the performance standard expected of ALL students by 2003.

stresson set of slot bluos sisus yet real qled nos yet c. relisaruos red ro abid das baa que dosqa ot red paillet, agairua ett no pairua ap taoru yett fi atreraq red evat bluos etd. ressoa yeelq ro red evat baa redsoet red int eton a etim bruosa sisus voda enoemoa evat redsoet barona aisus ro. barrorayelq baa paiblird ett aisus ro. barrorayelq baa paiblird ett eett fo bla abob sisus fi tadt daidt do eacht fo bla abob sisus fi tadt daidt do eacht fo bla abob sisus fi tadt daidt do

ANALYSIS: This student's response is a 3 because it identifies several appropriate people and describes different ways each could help: "her parents or her counciler ... by telling her to speak up and ask kids if they want go swing" and "her parents write a note to her teacher and have her teacher have someone show Lucia around the building and playground." The response also indicates that Lucia might help herself by sharing "stuff with kids in her class." Greater insight or additional suggestions of ways people could help would raise this score to a 4. The details provided in this response make it better than a score of 2.

SCORE OF 2: This student's work represents a response that is incomplete or inaccurate. It demonstrates a partial understanding of some health concepts and skills on this item.

a teacher on the principal for introctice principal to introctice for the person class mater ask of the in and file for friends of the person of the person fit in and file for friends of the lieuwe had troughed to piet that had troughed to piet that

ANALYSIS: This student's response is a 2 because it identifies two different people and partially explains two ways they might help: "a teacher or the principal to introduce her to her classmates" and "ask a classmate to help her fit in." The response is accurate, but simplistic. Greater detail or additional resources would raise this score to a 3. Accuracy of the limited information provided keeps this response from receiving a 1.

SCORE OF 1: This student's work represents a response that demonstrates minimal understanding of some health concepts and skills on this item.

Lucia should talk to her teacher about getting briends because her teacher could inturduce some of her students to Lucia.

ANALYSIS: This student's response is a 1 because it provides a minimal description of how this person could help. The statement "because her teacher could inturduce some of her students to Lucia" demonstrates limited understanding.

The addition of another resource and further explanation would have raised this response to a score of 2. The response is more than a 0 because the student attempts to answer the questions.

SCORE OF 0: This student's work represents a response that is either incorrect, not healthenhancing, or does not demonstrate any understanding of health concepts and skills on this item.

Well Cheer up Some body
has to be your age where
you live on at school you
Just have to wait. Thats
what II did and now II have
alot of friends. Friends are awesome
and when you get some don't let
them go. I lost the best friend and
I made new ones.

ANALYSIS: This student's response provides no evidence of knowledge about appropriate resources or how they might help. The response does not address the question; instead, the student writes about his or her own experience in making friends: "Thats what I did and now I have a lot of friends."

19. A family moves to a new town and their child, Lucia, enters a new school. There are no children her age in the neighborhood. Lucia finds getting used to the new school difficult and upsetting because she is unable to make friends or "fit in." Who could Lucia talk to for help? How could this person help Lucia?

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19: A family moves to a new town and their child, Lucia, enters a new school. There are no children her age in the neighborhood. Lucia finds getting used to the new school difficult and upsetting because she is unable to make friends or "fit in." Who could Lucia talk to for help? How could this person help Lucia?

A. If Lucia is scared of talking to other chidren here age, then she could talk to a parent or a tracher

town to see if There other acia might make friends wit 150 see chidren liked. She could probab class, and That would her, and maybe herself. People might be interes friend it she did those

19. A family moves to a new town and their child, Lucia, enters a new school. There are ... no children her age in the neighborhood. Lucia finds getting used to the new school difficult and upsetting because she is unable to make friends or "fit in." Who could Lucia talk to for help? How could this person help Lucia?

Lucia could probably talk to the teacher guidence counciler, or even a principal. She could talk to the teacher because the teacher could ask Lucia what she likes dislikes, their favorite sports and other questions like those then the teacher could fell her. who to play with or the teacher can intraduce Lucia again to the class and tell Lucius problems. The tracher could also assigna group project and Lucia can nate good friends The guidence counciler can help because those people always deal with kids and they will tell you who to stay away from and good kids. The principal can probably help becar

The principal can probably help becar she has the intercom in her office and she can say a message about how Lucia is new and she peeds to make some new friends

19. A family moves to a new town and their child, Lucia, enters a new school. There are no children her age in the neighborhood. Lucia finds getting used to the new school difficult and upsetting because she is unable to make friends or "fit in." Who could Lucia talk to for help? How could this person help Lucia?

Lucia is new in town and in her school.

She is not able to make Friends or firin.

Lucia could talk to the guidenze counsler

or one of her teachers. They could help

her by telling has to just try and he

her normal self. They could also tell some

Other children to try and make friends

with now. They might also tell her to

act like other kids and ask tids

if they would play with her after school.

The basic idea is that Lucia snould

just keep trying-and do not give up

A ramily moves to a rewifown and the rechild recitive as senters an ewischool where are in no children her age in the new school his difficult and upsetting because she is unable to make friends or fit in: Who could out Lucia talk to for help? How could this person help Lucia?

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TEST ITEMS AND STUDENT RESPONSES

Crade 5 Open-Ended Examples

Below and on the following seven pages are examples of two different grade 5 open-ended items. As you look at the samples of grade 5 Rhode Island students' answers, you can refer to the scoring guide on page 6. The student samples displayed here received scores of 4, 3, 2, and 1, respectively. You can see that it is a student's knowledge and understanding of health information and his/her ability to apply that information to a real-life situation that is being measured—not spelling, penmanship, grammar, or punctuation.

QUESTION 1

Standard Seven: Health Advocacy

Students will demonstrate the ability to advocate for personal, family, community, and environmental health.

Performance Description

Discuss accurate information and express opinions about health issues.

TEST QUESTION: The fifth-grade class has learned about the surgeon general's warning that explains the dangers of smoking. Explain some different ways the students can send a strong message to convince others about these dangers.

SCORE OF 4: This student's work represents a response that demonstrates an exceptional ability to apply, analyze, and interpret health concepts and skills on this item.

Fifth graders learned about the Surgeon General's Warning about the dargets of smoking. Someways the students can convince others not to smoke by telling other kids smoking is bad for your body. You could get heart disease or Lung disease. Your teeth could turn yellow. You could even ble. You could get Emphings and Bronchitis, You could have trade breathings. Your teethe buds could deaden. Another way

the students could convince others not to smoke is a bad illness like what that person that smoking a person who smoked and rad got really sick come and talk to the kids in the school that it you smoke you could get a bad illness like what that person has,

ANALYSIS: This student's response is a 4 because it contains a number of ways students can convince others not to smoke, for example, "telling other kids smoking is bad for your body," "putting posters all over the school," and having a presentation by "a person who smoked and had got really sick," as well as multiple examples of how they would work. An in-depth understanding of the numerous dangers of smoking is demonstrated by the list of smoking consequences—"You could get heart disease . . . your teeth could turn yellow. You could even die"—contained in the response. These detailed and varied descriptions increase the persuasiveness of the student's messages.

SCORE OF 3: This student's work represents a response that demonstrates the ability to apply, analyze, and interpret health concepts and skills on this item. This high level of achievement is the performance standard expected of ALL students by 2003.

The fifth grade class could convice other people about smoking dangers by telling them what can happen to them if they continue to smoke. To some people that could be enough. They could make flyers and staple them to street poles. Some of the flyers could have a list of all the bad things that could happen to your body, such as lung cancer, bad breath and early rinkles on your face. Posterboards could be

put hung up in the hallway to remind visitor of the danger in ciggeretts and cigars. Those are a few ways to convince snokers to not to smoke and non-makers to keep not smoking.

ANALYSIS: This student's response is a 3 because it provides effective ways that students can convince others of the dangers of smoking. These include "telling them what can happen," "make flyers and staple them to street poles," and hanging "Posterboards . . . in the hallway." Each proposed method also includes an accurate explanation why the strategy would be effective. More detail about the persuasiveness of the information provided would raise this score to a 4. The completeness of the answer makes it better than a score of 2.

SCORE OF 2: This student's work represents a response that is incomplete or inaccurate. It demonstrates a partial understanding of some health concepts and skills on this item.

The Class can put up posters on how smoking is Bad and what the Benafits are if you don't smoke. They could also Do speaches on how smoking is Bad for you. One of the resons are: Smoking makes your lungs Black.

ANALYSIS: This student's response is a 2 because it presents two examples of how to communicate one simple anti-smoking message: "put up posters" and "Do speaches." The information about the dangers of smoking is accurate but simplistic, and the anti-smoking message contained in the response is weak. This demonstrates only a partial understanding of the question and could not receive a score of 3.

SCORE OF 1: This student's work represents a response that demonstrates minimal understanding of some health concepts and skills on this item.

What they can be to convince others that smoking is lad is to tall when that it is lad and the consequences of smoking. Also what could happen if you are cought with a pack of cigaretts—when you are under the ageilinit. You could tell them that they could die from it. you also could say that smoking isn't cool.

ANALYSIS: This student's response is a 1 because it demonstrates a minimal understanding of the concept: "tell them that it is bad and the consequenses of smoking." This response is not scored as a 2 because it does not provide even a partial explanation of how the messages would convince others not to smoke.

posters that have Surgeon General's warning on them, or put things like reasons why you should't smoke. They could draw a non-smokers lung and a smokers lung on a poster. They could aise money our something so they could put a public service anouncement an tr. They could also ask a radio staition if they could talk on the radio for a few minutes and tell why you should not smoke and what could happen

#65

The to tensor the dangers of smoking the fifth grade class could do a lot of different things. One things they could do is drow cartoons showing clangers of smoking and put them up all around their school. Or they could write short essays about the dangers of smoking and point essays about the dangers of smoking their school. of somoting and post them up around the school or put them in the school newspaper. They sould even give lectures on how smoking can hill you . Hopefully all of this would convince others not to smake also the fifth graders could give lecture on how to avoid being offered sigarettes and other drugs somecould be prepared if anyone ever offers them drugs.



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Lipsuid write a paper about the dangers of smoking, then handrout to all the kids in the school They would write that smoking causes Empherenia Lung cancer, bad breath sportmenent yellow stained teeth, and it also makes your stink! I f that doesn't work make posters that Lelle people not to smoke and put them around the whole town Then If somebody is asked to smoke (out of school they would hopefully see a poster and say no. If that doesn't work they could tell them that smoking is phin old Bed! They could tell mothing good comes out of smoking, and they could say. if someone tells you there good There living!!!

#68

The Rids sould send strong messages linge but ejecatching pooler. A advertisment. Or a TV commercial.

smoking an do to your lungo and your body. They might want to try to go to different dassrooms explaining what the effect can do to your body like it. makes your lungs black and you have yellow teeth and smelly breath. They would try to start a dub against smoking and they could get enough people to make the cigaratte companies to think twice about selling agarettes and that it is that it can shorten your life it can cause lung concer. I think that if they do this less people will smoke because if the know how dangerous it is to smoke they won't smoke.

QUESTION 2

Standard Two: Valid Health Information, Products, and Services

Students will demonstrate the ability to access valid health information and health-promoting products and services.

Performance Description

Analyze the validity of health information, products, and services.

TEST QUESTION: There is a lot of litter on the school playground. The list below includes all the different items found. List the items that can be recycled. Explain how a class could set up a recycling program.

ITEMS FOUND:

newspapers

soda cans six-pack rings cigarette butts candy wrappers

cardboard orange peels juice boxes glass bottles strapping from

newspaper bundles cigarette wrappers

SCORE OF 4: This student's work represents a response that demonstrates an exceptional ability to apply, analyze, and interpret health concepts and skills on this item.

Of the stems found, the only ones that can be recycled are newspapers, soda cans, cardboard, orange peels, juice boxes, glass bottles, and possibly strapping from newspaper bundles and cigarette wrappers. If a class were to set up a recycling programa in the school, they would first need to get a group together, and then tell their backer about it. The teacher would then need to propose the idea to the principal. If the principal agreed, people would need to volunteer for the recycling program, and a recycling company, would need to be found. Then it would be just a matter of sceping the program it would be just a matter of sceping the program

working. This would work be ruse the volunteus would keep the school send recyclables to the recycling company, and the recycling company, and the recycling company would recycle the recyclables. The volunteers would also have to sucke sure a recycle container was put in every room for collecting

ANALYSIS: This student's response is a 4 because it provides an in-depth understanding of recyclables, "newspapers, soda cans, cardboard, orange peels, juice boxes, glass bottles, and possibly strapping from newspaper bundles and cigarette wrappers," as well as an insightful view of the process needed before a recycling program can be implemented. This response goes well beyond the required explanation of how a class could set up a recycling program by mentioning the involvement of many other individuals and explaining the impact each person would have on the next. For example, the student writes that the class "could tell their teacher . . . The teacher would then need to propose the idea to the principal. If the principal agreed, people would need to volunteer for the recycling program, and a recycling company would need to be found."

SCORE OF 3: This student's work represents a response that demonstrates the ability to apply, analyze, and interpret health concepts and skills on this item. This high level of achievement is the performance standard expected of ALL students by 2003.

With pollution, it want to help them by sorting out the things and seeing can be recycled. First it would definitly put the sada come and glour bottles in the recycling. Supports rings and strappings from new papers could also be put in. By doing this you could set up a good recycling program. The class

could set up bins that are labled recycling, paper, and so on. You would put these outside and tell the bids to put there trash is the right category. Then at the end of the day you would empty everything into the right places, and there you have a program.

ANALYSIS: This student's response demonstrates a complete and accurate understanding of recycling by providing a list of recyclable items, "soda cans and glass bottles . . . Six-pack rings and strappings from news papers," and by explaining the need to sort recyclables by category, putting them into "bins that are labled." These aspects constitute a recycling program. This response is not a 4 because the student does not include further steps in the process, preventing a display of in-depth understanding of recycling. The presentation of the major health concepts clearly raises it above a score of 2.

SCORE OF 2: This student's work represents a response that is incomplete or inaccurate. It demonstrates a partial understanding of some health concepts and skills on this item.

asoda cons

3 cardboard

4 glass bottles

The class could get different color
boxes a draw a set sign and blue
can mean glass green can mean cardboard
so on and so for th.

ANALYSIS: This student's response demonstrates a partial understanding of recycling with a list of acceptable items, "newspapers," "soda cans," "cardboard," and "glass bottles," and by knowing that item containers with labels are necessary. Writing about recycling bins, however, is not the same as establishing a recycling program. This knowledge provides only a simplistic understanding of the health concepts involved, and is therefore not worthy of a score of 3. It is better than a score of 1 because it shows a partial understanding of recycling.

SCORE OF 1: This student's work represents a response that demonstrates minimal understanding of some health concepts and skills on this item.

Recyclible Items are newspaper, sode cons, 51x-pack rings, cardboard, candy wrappers, glass bottles, jurice-towns; trapping from newspaper bundles. The class could set up a program for necyling by get some people that can come every week to help pick up the trash and recyle it.

ANALYSIS: This student's response demonstrates a minimal understanding of the recycling process. Although recyclable items are listed—"newspaper, soda cans, six-pack rings, cardboard, candy wrappers, glass bottles, strapping from newspaper bundles"—the student's concept of a recycling program is minimal.



The chas should recycle the news papers; soda cans, cardboard, and they should throw may the rest of the track.

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Herrisalist of the items that could be recycled. newspapers Soola cans Cardboard Grange peek (into compost) juice boxes glass bottles A class could go about setting up a lecycling program in this school by putting bogs and bins in each classroom, and have a curbside collection stand there. If there were no recycling trucks in the town, they could put up signs & posters to tell people to p to the murest rayeling drop off center and what to recycle.



the close could recycle these items that are on the player merraper, some cans, condy wrapper, can feel paid book and flate lastles. They could let up should want to start a becycling them to start a becycling them to pich me and sort out all thank who want on the track that is who want their track that is put their track that is sure and their track that is her shall into plastee. trage that are in son sold slother hampen. I here sk like orange pella, nans pella, spella, spella, spella, spella, spella, skins.



When the school play ground is messy with things that can be recycled you sould recycle these things. Here is a list of things that can be recycled and can't be recycled:

Recicle News papers soda cons Cordboard Gloss bottles heus paper built

MO Recycle Cigardle bulls carridg wapers Six-packrings orange peels Juice boxes Cigarette wapers

a rayaling program is; have someone talk to a worter in a recycling company.



The items that earnibe recycled are newspapers soda cams six pack rings and
ylass bottler. He first thing they should
do is to encourage students to accycle. The
next thing to do is to get these neighboring:
Blass, paper, plastic, and soda cam, then often
that they should put sep recycle signe
around the school to encourage the students
to do their part in recycling. It last thing to do
is clear the up the playeround ne last time for
my trash.

TEST ITEMS AND STUDENT RESPONSES

Crade 5 Open-Ended Examples

Below and on the following six pages are examples of two different grade 5 open-ended items. As you look at the samples of grade 5 Rhode Island students' answers, you can refer to the scoring guide on page 6. The student samples displayed here received scores of 4, 3, 2, and 1, respectively. You can see that it is a student's understanding of health information and his/her ability to apply that information to a real-life situation that is being measured—not spelling, penmanship, grammar, or punctuation.

QUESTION 1

Standard Three: Health-Enhancing and Health Risk-Reducing Behaviors

Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks.

Performance Description

Develop injury prevention and management strategies for personal health.

TEST QUESTION: What important things should a person keep in mind when making a fire emergency plan for his/her home and family? Why is each of these things important?

SCORE OF 4: This student's work represents a response that demonstrates an exceptional ability to apply, analyze, and interpret health concepts and skills on this item.

What important things people should keep in mind while making an fire emergency escape plan for their family is where they'll get out of their house, they should have more than one exit, bacouse one of the exits could be blocked during an emergency. Another thing is, once the family has gotton out of their home, they should have as pecial place where they neet outside of their home, like a tree or some thing. They should also have a working smalle alorming almost every room in their home, so if there is a fire, the family will know when they wan the alarm. The family will know when they wan the alarm. The family

should also know, as soon as they know there's a fire, go to a neighbor's house and call the fire department, they should never go book into the house for anything while there is a fire inside. Finally, the family should know what to do if they are on fire, stop, drop, and roll. All these things are important, because if you did not know them, you could be killed in a fire.

ANALYSIS: This student's response is a 4 because it presents a fire emergency plan that demonstrates an in-depth understanding of how to escape a burning building, such as "a plan . . . where they'll get out of their house, . . . more than one exit, . . . a special place where they meet outside, . . . a working smoke alarm . . .", and a plan for calling the fire department from a safe place. Steps for escape follow a logical sequence and each is well explained. The explanation demonstrates the application of skills required to answer this question completely and accurately. The response goes on to tell the reader things that families should do and not do in the case of a fire.

This response is more than a 3 because it shows an in-depth understanding of the health concept and skills in the question.

SCORE OF 3: This student's work represents a response that demonstrates the ability to apply, analyze, and interpret health concepts and skills on this item. This high level of achievement is the performance standard expected of ALL students by 2003.

If you are planning an emergency plan for your hame you half to have 2 ways or more to get out because it one exit is blocked than you would half to get to another one.

pratice getting out of the house the way you planned because then you will know how to get out.

Make sure the smoke detors work because if they don't you won't know if their is a fire in the house.

And have a meetting place, in case you get separated you will all meet in the same place.

ANALYSIS: This student's response is a 3 because it demonstrates a complete and accurate understanding of how to escape from a burning building properly. Steps such as "have 2 ways or more to get out," "practice getting out," "make sure the smoke detors work," and "have a meetting place" are given and the rationale for the steps is explained.

SCORE OF 2: This student's work represents a response that is incomplete or inaccurate. It demonstrates a partial understanding of some health concepts and skills.

A person should keep in their mind they have to be ready in case they where in a real fire. They should make an escape rout. They should make a place to meet. Also they should know to crowl on the ground so they can't smell the smoke. They should also know if they get fire on them they should stop drop and roll. A person should know not to

mess in fire at all. They should also know if they are Stack in a room they should make abt of noise, so the fire men can her them. I included that information because fire 15 an important thing to know and be ready for.

ANALYSIS: This student's response is a 2 because it identifies steps needed for escape from a fire—"know to crowl on the ground," and "stop drop and roll,"—but does not fully explain a fire emergency plan. The response does not explain why the plan or steps are necessary except in one instance—"make a lot of noise, so the fire men can her them." That explanation is simplistic and demonstrates only a partial understanding of the question.

SCORE OF 1: This student's work represents a response that demonstrates minimal understanding of health concepts and skills.

They should keep in mind to heep low and if you get caught on fire stop drop & roll they should also have a fire extinguisher NEAR. They should also have a pian to get out of the fire.

ANALYSIS: This student's response is a 1 because although it mentions things to do in case of a fire—"keep low and if you get caught on fire stop drop and roll"—the question of things to keep in mind when making a fire emergency plan is not addressed. The understanding of fire safety is minimal.

a fire extingwiser, a, another thing is if your on fire don't panic go outside and roll on the ground.

#41)

What infortant thing Thousd on Person Keep in Thind When Making on Fire Energous Plan is that house and Some your When there's a Fire Just run out the house and Some your Self. Another thing is that When there's to Thush Inoke get Down on your Mace's and Crowd on your knee's to the dut-Side, What other Thing is that When you get cought on Fire Just Stop Drop-web role on the years.

Why This Thing's one infortant is Decoure it may some your like so neday Your in a Fire.





If ere are some things to keep in mind while creating a fire emergency plan:

· Make sure there are at least ? it (done andor

windows) in each room.

Figure out a meeting area a safe distance from the house.

· Always know your way around your house. Know where telephones are located.

These are important because you will know where everything is just in case of a real emergency and you can esseape quicker.

a person should keep in mind to have a mating place which is a place you should have so you can figure out that person in that family did not get out : also you has noared greve sof every seval bloods at stoor a fi espared out eno last ton blocked you should have another one eval voy works edam down saws no taug a fire alarm to wake people up and make then alect . Unother thing make sure Host fire alarm works to their is enob over you duck down and if you are on fire stop, drop, and roll to get it out-There things are important for you to benow so if you have a fire you will he sleet and get out safly and that meeting place is so when the fire men abieni ai other met ellet mas wop amos eved now fi makt llet now call now have a feet and if it is in the house.

There are lots of things for a person to keep in mind for planning a fire plan. First you should have more than one exit.

not to wait for any body or take anything

These things are important because if you wait for some thing or take something you could end up trapped in the fire. With someone else, Possibly you could die or get terribly burn't, Fore's not a playing matter it's to be serious. That's why it's important not to fool around during a fire drill

When making a fire emerging shoot people should books in mind that one way out of the house could have to didn't have another way out of they would have to didn't have another way out of they might get stock in the fire, and They should also have have house of the they can make sure everyone got out safely

QUESTION 2

Standard Four: Influence of Culture, Media, and Technology

Students will analyze the influence of culture, media, technology, and other factors on health.

Performance Description

Demonstrate awareness of the influence of culture upon personal health behaviors.

TEST QUESTION: Explain how cigarette ads encourage young people to start smoking.

SCORE OF 4:

No student scored a 4 on this particular item.

SCORE OF 3: This student's work represents a response that demonstrates the ability to apply, analyze, and interpret health concepts and skills on this item. This high level of achievement is the performance standard expected of ALL students by 2003.

Ligarette ado encourage young people to start smoking by showing them alot, Then hids thick, "Maybe I should try this, It seems to be popular. Then they start trying to get fake IP's so they seem buy some.

Another way the ade encourage hids is to have catchey names or mascots like, "Camel," and, "B-Kool." When they see, "B-Kool." They think if they smoke it makes them cool or when they see the camel mascot, they think, "Bh yeah. This wool Lite go get some "Camel" signettee. "The mascots influence them to be cool like the camel.

Another way the als encourage hids we by the people in the

add or commercials. The people look good and have white fingernaile and teeth. The kils think they can smoke and have good teeth. They also think that It's leattry, and it's not. That is what I think.

ANALYSIS: This student's response is a 3 because it completely and accurately explains how advertising lures young people into smoking. The response provides examples, including "showing them alot," "Then kids think 'maybe I should try this. It seems to be popular . . . ,'" using "catchy names or mascots," "it makes them [young people] cool," and "people [in the commercials] look good." This response explains the thinking process of young people and their reactions to the advertising techniques. However, the response does not have the depth it should for a 4 score point.

The response is clearly not a 2 because the examples given are not simplistic or flawed.

SCORE OF 2: This student's work represents a response that is incomplete or inaccurate. It demonstrates a partial understanding of some health concepts and skills.

Cigarette adds show famous people smokes them feel.

Some companies use cartoon caracters to encourage young people to smake because hids that wears a black and white turedo and advitis

Camel cigaretter.

Children who think
the people who advitise
cigaretter are cool
will think smoking is
cool and then they
will want to do it.

ANALYSIS: This student's response is a 2 because it describes specific ads, but does not fully explain the connection between young people and the cigarette ads. Only the last paragraph begins to provide an explanation: "Children who think the people who advritise cigarettes are cool will think smoking is cool and then they will want to do it." The response is not a 3 because the support is simplistic and shows only a partial understanding of the question.

SCORE OF 1: This student's work represents a response that demonstrates minimal understanding of health concepts and skills.

Cioprette ads convince yound people to smotie by saying it cod. Or to woman they say it makes your body look builtiful. To man they say it gets them big mucales or gets you gib fast. They also put famous people on to or were ever they advertise in it. Famous people that young people look up to or someone they admire.

ANALYSIS: This student's response is a 1 because it is basically a list of techniques—"saying it cool, "makes your body look buitiful," "gets them big muscles or gets you gils fast"—with no explanation of how young people are enticed to smoke. Information is limited.

This response is not a 2 because it does not demonstrate even a partial understanding of the advertising techniques used.

Ciarrette ads wouldy have glamorous
people in them. Either they have good
looks or our famous laing people
like famous people or good-looking people and think "On well if I smoke then I'll be famous" or "On well if I smoke
and think "On well if I smoke then I'll
be famous " or " Oh well if I smoke
I'll look that good. "That's not
at all true! The people in the ads
probably have never smoked! They have
perfect white teeth and people who
smoke have ugly yellow ones. They
have perfectly clean teeth as cigarette
smotets have cigarette dust allover
theirs. (amel ads made smoking look
fun and they had a cool mascot-
a camel! Kids + Hought the camel
was neat and they would be
neat to if they smoked so
they aid Don't let cigarette ads
they did Don't let cigarette ads decieve you!

They Say you should smoke it takes
all your worlys away and it is
So relaying and on bill hords and The
Sides of buses all the people are
Smying when the are smotriting to make
it look little that it is good thing
to smoke but realy it is bad
Because it can demos you lungs and
it gets very hard to breath in air.
And an the the are allows starting
to make it look little that Smothing
1) 9001 for you & think shoking 1)
a realy stuped thing to do you can
die from it and some people tha ap
in the holdhittle for a real long time
then when they go home the hat to rake
tube up there not for exigen to help
them breath better

I thinkthat cigarette als make kilds look

cool when they smoke. Theath show famous

people and that makes kilds think that if they

smoke then they will get pretty. Cigarette

ada also say that if you smoke then you will

have fun. Ciggarette ads say that if

you smoke then you will be come popular,

have alot of cool friends and you will become

cool your self. But actually what really happens

is your hairsmells, your lothes smell, your teeth

are yellow, and worst of all you don't have

as long of a lifetolive,

al think cigarette and make people think that it makes your feel goods and good about your self that with not board for them, and it won't hust themselves.

But afterward it will make them feel bad and crumy, and will make them go book for more thank are good.

Ligarettes probaby might have
a cute animal or showing someone

smiling while they sombe.

These awpsers will self the

cigirate to young people.

PERFORMANCE ASSESSMENT EXAMPLES

Below and on the following eight pages are examples of two different grade 5 performance-assessment items. As you look at the samples of grade 5 Rhode Island students' answers, you can refer to the scoring guide on page 12. The student samples displayed here received scores of 4, 3, 2, and 1, respectively. You can see that it is the student's understanding of health information and his/her ability to apply that information to a real-life situation that is being measured — not spelling, penmanship, grammar, or punctuation.

Health Education Standard Seven: Advocacy

Students will demonstrate the ability to advocate for personal, family, community, and environmental health.

Performance Description

As a result of health instruction, students, by the end of grade 4, will be able to influence and support others in making positive health choices.

TEST QUESTION: Write a letter to the school newspaper that encourages students to make healthy food choices and explain how they will be healthier by making these choices.

Dear School Newspapers

I am writing a letter to all the children of the school.

I would just like to say that eating healthy is definitly
the right choice Eating apples beneaus, carnets, curumbers,
vegetables, fruits, and things that don't have a lot
of cholesteral, fact and other things that will make
your body get sick. II'm encouraging you
children to do this so that you won't get
sick when your older (you could get hearts and
attaks, heart diseases, and obesis um these healthy

choices can make you look thinner, feel betters (energized) and shealthy. These things (venetables, fruits, and other things that are healthy) will make you feel GREAT about yourself. Oh, and one last thing I left out Excercise I please excerscice! Excersize and fruit, vegetables (eating healthy) will make feel better, stay healthy and ook thinner. Thank you and please try to take my advice!

Ps Eating healthy is thekey

ANALYSIS: All of the information presented in this response is both health enhancing and responsive to the task asked of students. This student's response encourages others to make healthy choices [i.e., "eating healthy is <u>definitly</u> the right choice" and "healthy choices can make you look thinner, feel better, (energized) and stay healthy (fit)"]. The response explains how these choices will make a person healthier and also demonstrates an understanding of the connections between making healthy choices and feeling better (e.g., "Eating . . . things that don't have a lot of cholesteral, fat and other things that will make your body get sick, will make your body healthy"). In addition to being complete and accurate, it provides the additional insight of the long-term consequences of poor choices (e.g., ". . . when your older . . ."). This paper received a score of 4.

Dear School newspaper,
It has some to my attention that:
shownto are not loting enough fruits
Neglitables and grains. Tot all the
people that lat only fatty foods
people that lat only fatty foods. I want you to know that
eventuly if you help lating those
foods other your otheries will
get clogged up and your
blood pressure will be sky high
belonge your heart will have
to pump fester to get blood
around your body to if I
were you I would eat by
The food pyremed, you will be
The food pyremed. you will be heatthy en because you hower the roker
of a heart attack
R, and dieng
heatthy ea because you hower the roker of a heart attack, dudging Jam

ANALYSIS: The response is relevant to the task, is health enhancing, and demonstrates an understanding of the concept of making healthy food choices (e.g., "not eating enough fruits, vegetables, and grains"; "eat by the food pyremed"). All information is accurate (e.g., "eat oily fatty foods... your otteries will get clogged up and your blood pressure will be sky high"). This paper received a score of 3.

you might live bonger set also can grow mustles and look better.

You can prevent getting sick if you eat healty frods & a don't larget to eat healty foods.

ANALYSIS: This answer begins to respond to the task asked of students in this question (e.g., . . . "you might live longer" . . . "grow mustles and look better") but there is little that encourages students to make healthy choices. Accurate information is provided but it is not complete. Details that would demonstrate an understanding of the health concepts are left out of the response. This paper received a score of 2.

Deal School newspapel.
We think there should be a health section in the
newspaper. We think that because it might help kills not the eat to much chocolate or carry. Ou need to put in the
eat to much chocolate or carry. Tou need to put in the
health section in the newspaper so you better get itin.
sincerly,

ANALYSIS: This student does not answer the question asked. The student does attempt to respond by writing to request that the school newspaper include a health section because it might help "kids not to eat to much chocolate or candy." This paper received a 1.

Health Education Standard Six: Goal Setting and Problem Solving

Students will demonstrate the ability to use goal-setting and decision-making skills to enhance health.

Performance Description

As a result of health instruction, students, by the end of grade 4, will be able to develop a plan that addresses personal strengths, needs, and health risks.

TEST QUESTION: Chris tried out for the soccer team and did not make it. What steps could Chris take to improve his/her skills and increase the chance of making the team next time?

Chris could gractice more and that would help.

Maybe she could eat healthier and drink more milk to make her healthier and stronger. She could ask friends to help her. Maybe if she knew anyone on the soccer team she could ask them about the drills the do or the skills they need to get post the other players. If one or two players were really nice, maybe they would practice together and show Chris what she could improve. Must would make this better Mayle if she joined a different soccer team that word practice her skills with them. It probably would make her feel better to practice with a coach and team. If she needed to be stronger may be their fould do a different sport like baseball, basketball, tennis, or swimming lessons. They would get her in better shape for the next soccer scason so she could get on the team!

ANALYSIS: This insightful response offers several alternative solutions to this question. The student offers many alternatives to increase Chris's changes of making the team next year. These include "practice more," "eat healthier and drink more milk," "ask friends to help," practicing drills with players who made the team, participating in a different sport to improve her skills, and even trying out for a different soccer team. All of the information is health enhancing and accurate. An understanding of health concepts is apparent. This paper received a 4.

Chris could practice playing socres and figure out ways to improve his skills. He could try to find out what is expected of him in order to make the team next time. Chris could also have friends over and practice with them to make it. casier. With his friends he could practice defence, offense and playing the game. Without them he could direction he wants it to go. I hen maybe thris could make the team next time.

ANALYSIS: The response addresses the task and presents several relevant ways that Chris could improve his/her soccer skills (e.g., "practice"; "find out what is expected"). The student demonstrates an understanding of the question and health concept by explaining a process Chris could use to increase his/her chances of making the team in the future (e.g., "have friends over . . . practice defense, offense and playing the game"; "Without them he could dribble or practice kicking . . . "). This paper received a score of 3.

Elkis could ask subsy he did not make the team. After he knows what he did not make it he san ask if the coach can help him with his problem. He could also ask one of the kirls that made to help him with his problem.

ANALYSIS: The student's work presents limited information in response to the task and does not include any details about the suggestions. The solution of asking the coach to "help him with his problem" may not be a realistic answer to increasing Chris's chance of making the team, as the coach would likely be busy with the team. This paper received a score of 2.

For soccar shrisdidn't make the team to make team next year he could practice. The ways that It'll work he'll understand the game better

ANALYSIS: The student attempts to respond to the question by stating "he could practice." The answer is very limited and does not demonstrate any understanding of health concepts. This paper received a 1.

STUDENT RESPONSES

GRADE 4 HEALTH ITEM 1

A fourth-grade class has been asked to explain playground safety rules to second graders. What should the fourth grade students tell the second graders about safety on the playground and the equipment found there? Why are these rules important?

Health Education Standard 7: Students will demonstrate the ability to advocate for personal, family, community and environmental health.

Student Performance Description 4: *Demonstrate the ability to influence and support others in making positive health choices.*

GRADE 4 HEALTH ITEM-SPECIFIC SCORING GUIDE FOR ITEM 1

SCORE	DESCRIPTION
4	The explanation of playground safety rules and their importance is accurate, comprehensive and understandable to second graders.
3	The explanation of playground safety rules and their importance is accurate, mostly comprehensive and somewhat understandable to second graders.
2	The explanation of playground safety rules and their importance may not be accurate or comprehensive or may not be explained in a manner understandable to second graders.
1	The explanation of playground safety rules and their importance includes major inaccuracies, limited comprehensiveness and may not be understandable to second graders.
0	Incorrect.

SCORE 4 DESCRIPTION: The explanation of playground safety rules and their importance is accurate, comprehensive and understandable to second graders.

The fourth grade class should tell the second grader's to play safe and share with other bids and never fight with other bids and if a kid starts a fight walk swarp and tell the nessest growner that will take care of the person who is pushing you around outside of the school and never run while you have food like potato chips, country and a largage if you run while enting that you can chake from the board you might have to go to the hospital if you swallow that food while runs or sumping and never throw rocks at any other kid because if it hits then

EXAMPLE 1: SCORE OF 4 CONTINUED

in the head or any where else it might make their might make the hospital of serious injury or serious bleeding and never bring drugs or guns to school walk away if you she someone with drugs

ANALYSIS: The response demonstrates a comprehensive understanding of safe conduct on the playground (e.g., play safe; never fight). It provides a logical and convincing argument for following playground rules and describes them in a way that is understandable to an audience of second graders (e.g., if you run while eating that you can choke; if a kid starts a fight walk away and tell the nearest grownup).

SCORE 4 DESCRIPTION: The explanation of playground safety rules and their importance is accurate, comprehensive and understandable to second graders.

1. Never	run in front ou the rung
2 Nover	run up the wrong end ou the slike
3. never	jump on the menty-go-round.
4. never	throw sand in the rand box
5. Never	stand up on the soneaw and go up and down
6 Nover	stand on the swings withle swinging
7. hever	umo off the swing
	The roson for these rules
are	so work gets heat or injerted

ANALYSIS: The paper is an accurate and comprehensive list of playground safety rules written in language that second graders can understand (e.g., *never run in front of the swing; never throw sand in the sand box*). The justification of the rules is accurate and concise (e.g., *so no one gets hurt or injured*). Although the response is brief, it answers both questions completely.

SCORE 3 DESCRIPTION: The explanation of playground safety rules and their importance is accurate, mostly comprehensive and somewhat understandable to second graders.

The fourth grades should tell them that sofety is important and they should obey the ales on a play ground because someone might get hurt if they don't. For example they could say that you can't jump off the swings because if you land on your hands you might break you wrist. Another example could be that you shouldn't jump off because you could land flat an your back and paralyze your self They should tell the second grades to play on the equipment gently and to not go wild on the playground unless they are not near the equipment. They should also tell them not to walk up the slides because they might slip and fall. Also they should try to explain everything clearly.

ANALYSIS: The response contains accurate information about playground safety rules and explains why they are needed (e.g, you can't jump off the swings. . .you might break your wrist; not to walk up the slide because they might slip and fall). However, it is not comprehensive enough to earn a 4. It clearly demonstrates an understanding of how to communicate to a second grade audience.

SCORE 3 DESCRIPTION: The explanation of playground safety rules and their importance is accurate, mostly comprehensive and somewhat understandable to second graders.

there	rule	are	made	2 /002	the	ame
good.	Fello	tell >	them	PF /	170 +	ighting
NO	Pi6	Piles,	10	Hand	afeet	on a high
elese,	NOT	ag,	/ Per.	201	dow	1, the
clid-	e at	a	time,	Fee	- Fin	st down
-the	Slid	es.	Those	are	Rule	that
are	npo	ston	tb	econ	رمر	thery d them
can	get	hut	if.	thers	flow	d them
	U		ν		D	

ANALYSIS: A generally comprehensive list of playground safety rules is provided (e.g., *no fighting; feet first down the slides*). The explanation of the importance of the rules is very general and lacks some accuracy (e.g., *they can get hut* [sic hurt] *if they flowd* [followed] *them*).

SCORE 2 DESCRIPTION: The explanation of playground safety rules and their importance may not be accurate or comprehensive or may not be explained in a manner understandable to second graders.

when you are swinging and you don't half on you will fall off, when you are down the slide names stand up to less dangerouse when you are dinling the last one way and someone is comming the other way just puch them off - these pulse are important so you don't hunt yourself.

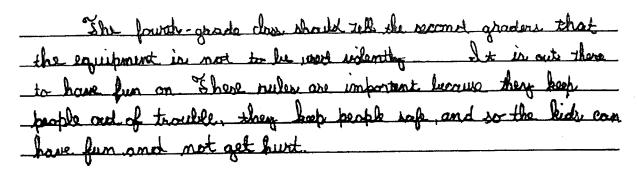
ANALYSIS: The response contains a few accurate playground safety rules, but the explanation is not very comprehensive (e.g., when you are down the slide never stand up it is dangerous; rules are important so you don't hurt yourself).

SCORE 2 DESCRIPTION: The explanation of playground safety rules and their importance may not be accurate or comprehensive or may not be explained in a manner understandable to second graders.

and get hust don't sun on the equipment because you could slip and get hust; don't had up the line because people will start pushing + showing.

ANALYSIS: The list of playground safety rules is limited (e.g., don't push; don't run). The explanation for following these rules is vague and repetitious (e.g., someone can fall and get hurt; you could slip and get hurt).

SCORE 1 DESCRIPTION: The explanation of playground safety rules and their importance includes major inaccuracies, limited comprehensiveness and may not be understandable to second graders.



ANALYSIS: The response explains the need for playground safety rules; however, no rules are given (e.g., rules are important because they keep people out of trouble, they keep people safe).

SCORE 1 DESCRIPTION: The explanation of playground safety rules and their importance includes major inaccuracies, limited comprehensiveness and may not be understandable to second graders.

Shase	rulesa	ne importa	nt
becau	se son	reonerget	ingural
Indly	<i>v.</i>	re emporta	
You s	hould	not do an	
dared	and tric	ker on the	Transment.

ANALYSIS: This paper has only one playground safety rule which is not explained very well (e.g., *You should not do any daredevil tricks*). The justification for following the rule is very general (e.g., *someone could get injured badly*).



A fourth-grade class has been asked to explain playground safety rules to second graders. What should the fourth-grade students tell the second graders about safety on the playground and the equipment found there? Why are these rules important?

	Dong	Men jun	ten the	monty !	law
with remon	is gover on	thin	2. <i>Doro</i>	t. there	our MAY)
on entotin at	any time incan	L you get	lit or the	hish an	1
il you get	Train Armin	r-Ja on	t harry	somele	in the
dist because	MOW CAN Si	fferente a	perjor	7 -01	
<i>y</i> • • • • • • • • • • • • • • • • • • •		11	-1		

A fourth-grade class has been asked to explain playground safety rules to second graders. What should the fourth-grade students tell the second graders about safety on the playground and the equipment found there? Why are these rules important?

Plangraind rafty is important, you shouldn't num around, becareful mear the surnay because won could act but in the head, your should alway's have a parent watching your one other thing your should merer play on a planground during a thunder and lightning storm. The equipment found there can be very harmful even though it doesn't look it your could fall off and brake a lone or something else can happen. So becareful around a planground and remember the rules of planground safety.

A fourth-grade class has been asked to explain playground safety rules to second graders. What should the fourth-grade students tell the second graders about safety on the playground and the equipment found there? Why are these rules important?

The fourth grade should tell them to not abuse the playground equiptment. Do not stand on swings. Go down slides on at a time. Be careful on the merry-go-round. Don't hang from the climbing equiptment. Your not tall enough to hang from basketball hoops. So don't. If you are riding bikes in the court wear the helmets, knee pads, elbow pads, and gloves.



4. A fourth-grade class has been asked to explain playground safety rules to second graders. vvnat should the fourth-grade students tell the second graders about safety on the playground and the equipment found there? Why are these rules important?

The fourth grade class
Should tell the second graders to treat
evryone respectfully, and not to boss any one
around on the playground, someone could
get hurt and they might have to go to
the hospital to get stitches, or even
ave to have a body part taken out
of them.

GRADE 4 HEALTH ITEM 2

Luis, who does not speak English, enters a new school. David notices some students are making fun of him. What can David do to make Luis feel more accepted? What could David do to help his classmates become more accepting and understanding of all children?

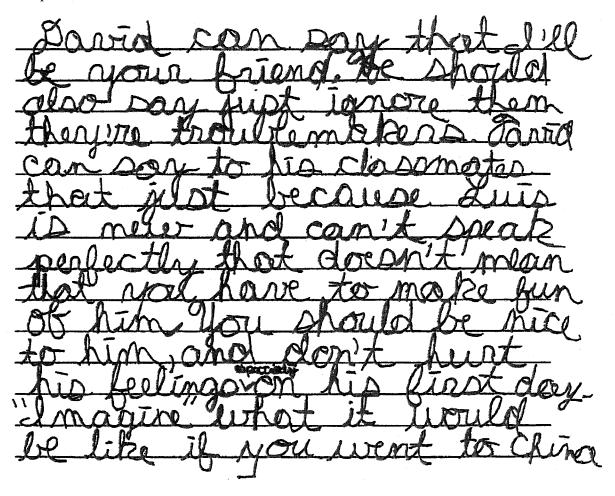
Health Education Standard 5: Students will demonstrate the ability to use interpersonal communication skills to enhance health.

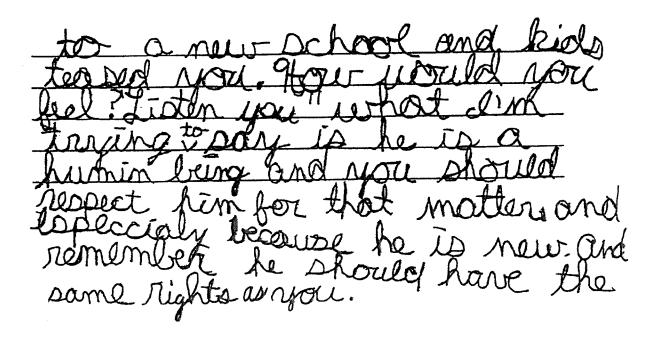
Student Performance Description 2: Describe characteristics needed to be a responsible friend and family member.

GRADE 4 HEALTH ITEM-SPECIFIC SCORING GUIDE FOR ITEM 2

SCORE	DESCRIPTION
Communication about understanding and accepting oth are different from ourselves is clear, persuasive and app the audience. A strong and logical health-enhancing post recommended. Information is accurate and comprehens	
3	Communication is mostly clear, appropriate, accurate and comprehensive.
2	Communication may be unclear, inappropriate, inaccurate or incomplete.
1	Communication is unclear, inappropriate, inaccurate or incomplete.
0	Incorrect.

SCORE 4 DESCRIPTION: Communication about understanding and accepting others who are different from ourselves is clear, persuasive and appropriate for the audience. A strong and logical health-enhancing position is recommended. Information is accurate and comprehensive.





ANALYSIS: The response presents several appropriate ways David can help Luis feel more accepted (e.g., I'll be your friend; just ignore them). The approach David uses with his classmates is comprehensive and logical (e.g., You should be nice to him and don't hurt his feelings; Imagine what it would be like if you went to China to a new school and kids teased you).

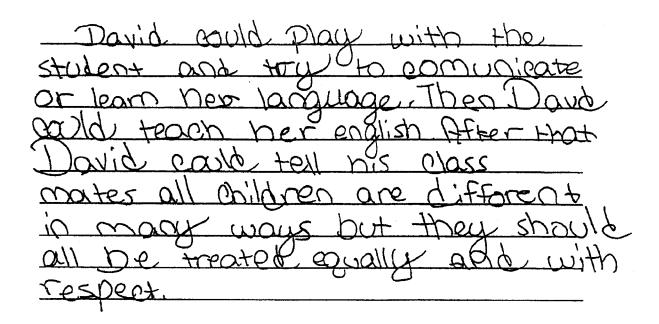
SCORE 4 DESCRIPTION: Communication about understanding and accepting others who are different from ourselves is clear, persuasive and appropriate for the audience. A strong and logical health-enhancing position is recommended. Information is accurate and comprehensive.

con say to Suis to make him feel accepted. It is skey duis I understand. They do this to all
new students I let talk to
then about it. On he emild
how I will teach you to speak
english better it you want.
The should make the children
understand how Suis bels. He
should ask them how they
would feel if they only
how to speak english
and they went to a school

in spin He reminded them
in spain He remised them they would spak spenish that
there. Then he told them that
Thom would have made
and would have people making fun of them. They said they wouldn't
fun of them. They saide they
wouldnt
like it at all I told them that
like it at all I told them that
like it at all I told them that
like it at all I told them that

ANALYSIS: The response strongly communicates clear and appropriate ideas for making Luis feel more accepted (e.g., It's okay Luis, I understand; I will teach you to speak english [sic English] better if you want). Strategies for addressing classmates are well-developed (e.g., He should make the children understand how Luis feels. He should ask them how they would feel if. . .).

SCORE 3 DESCRIPTION: Communication is mostly clear, appropriate, accurate and comprehensive.



ANALYSIS: The response communicates David's understanding and acceptance of Luis (e.g., play with the student; try to comunicate [sic communicate] or learn her language). David's approach to classmates is logical and accurate, but not strongly focused (e.g., all children are different; they should all be treated equally and with respect).

SCORE 3 DESCRIPTION: Communication is mostly clear, appropriate, accurate and comprehensive.

If I were David I
would tell Lyis that it
doesn't matter what
they think and that everyone
is special and its nice
to be different you
don't have to be the
same then I would tell
my classmates how special
it is to be different
and it doesn't matter

EXAMPLE 4: SCORE OF 3 CONTINUED

what you speak like.

its how you are inside.

that counts.

ANALYSIS: The response communicates understanding and acceptance (e.g., it doesn't matter what they think; everyone is special; it's nice to be different). General recommendations for classmates are given (e.g., how special it is to be different; it doesn't matter what you speak like its how you are inside that counts). Lack of elaboration prevents this from being scored a 4.

SCORE 2 DESCRIPTION: Communication may be unclear, inappropriate, inaccurate or incomplete.

David	should	teach	Luis.	how to	
opea L	should English.	David	should	tell the	othe
alassma	when that	ever	ume is	different	And
- that	may be L	uis c	ould te	ch us	
Somethin	ig that we	don't	know.		

ANALYSIS: Some understanding and acceptance of others is communicated, but in a limited and unrealistic approach (e.g., teach Luis how to speak English). Techniques for helping classmates to become more accepting of Luis are not very comprehensive (e.g., tell the othe [sic other] classmates that everyone is different; Luis could teach us something that we don't know).

SCORE 2 DESCRIPTION: Communication may be unclear, inappropriate, inaccurate or incomplete.

You could partice english with him play games with him (making him less open to the kids making fun of him) and in group activids Pick him

ANALYSIS: This paper communicates a good understanding of how David can help Luis feel more accepted (e.g., *play games with him; in group activids* [sic activities] pick him). However, it does not address the second question regarding classmates becoming more accepting.

SCORE 1 DESCRIPTION: Communication is unclear, inappropriate, inaccurate or incomplete.

funof leis be could tell all people are diggenst from outhers.

ANALYSIS: The response does not answer the first question. The presentation of ideas on how to help classmates become more accepting and understanding is very limited (e.g., *stop the children from making fun.* . .).

SCORE 1 DESCRIPTION: Communication is unclear	, inappropriate, inaccurate or incom-
plete.	

He can say why are you makeing fun of he because we are all different from someone elsy.

ANALYSIS: This response is unorganized. The information presented is minimally accurate within a very limited presentation (e.g., we are all different. . .).

If I were David I would help
Lux with english and be nice to him,
he his found. I would help Luis, and
play with him at recess. Paid could
tell his charmates to think how you would
feel If you didn't specit eglish, and people
mode fin of 100 just because your different
from them. Then maybe his dassmates would
accept Luis for how he is.
That is what I woodd
do F I was David.



Doubt could be dus! friend and show with him David could talk to the people making fun of diis. David could true its learn duis! lamquage or David could learn duis! language or there could communicate more.

ptap moding lun af him he is
a hid like, everylade else.

Bust be inuse he speaks mother.

Language doesn? to mean he is
different from withers.

David can pay be it a

kid like us venember that so
leave inis alourn. It ould you

like, him, to make from as you

if you were mean?

10	Luis, who does not speak English, enters a new school. David notices some
	students are making fun of Luis. What can David do to make Luis feel more
	accepted? What could David do to help his classmates become more accepting and understanding of all children?
	and anderstanding of an ermoren

pray with him and Herp nin inschool.

friend David sould take the friend of heide because comes day is going to catch up

TEST ITEMS AND STUDENT RESPONSES

Sample Grade4 Open-Ended Items

GENERAL SCORING GUIDE: RHODE ISLAND HEALTH EDUCATION ASSESSMENT

SCORE	DESCRIPTION
4	Student presents insightful, relevant response indicating an in-depth understanding of concepts in a clear, concise manner.
3	Student presents relevant response indicating an understanding of the major concepts; may by somewhat vague or contain minor misconceptions.
2	Student's response indicates some understanding of concepts with obvious gaps.
1	Student demonstrates minimal understanding of concepts; response is neither clear nor complete.
0	Student's response is totally incorrect or irrelevant.
NR	Blank/No Response

ITEM 1

The schoolyard has become an environmental problem, with litter, broken glass, and garbage everywhere. What are some of the things that could be done right away to correct the problem and to keep it from happening again?

GRADE 4 HEALTH ITEM-SPECIFIC SCORING GUIDE FOR: ITEM 1

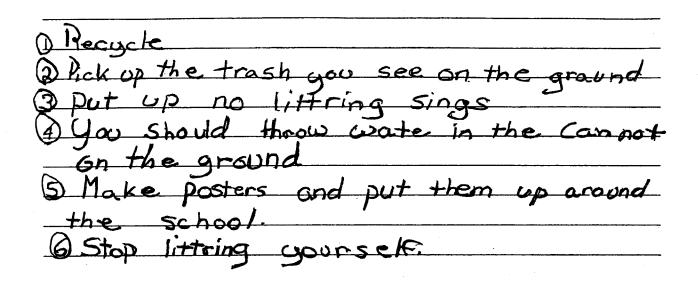
SCORE	DESCRIPTION
4	In deciding what can be done about the school environmental problem, the response provides workable health-enhancing strategies or solutions and demonstrates an understanding of most possible effects. The information is accurate and comprehensive.
3	In deciding what can be done about the school environmental problem, the response provides generally workable health-enhancing strategies or solutions and demonstrates an understanding of several possible effects. The information is mostly accurate and generally comprehensive.
2	In deciding what can be done about the school environmental problem, the response provides some workable health-enhancing strategies or solutions OR demonstrates an understanding of only a few possible effects. The information contains some major inaccuracies OR is not very comprehensive.
1	In deciding what can be done about the school environmental problem, the response provides weak workable health-enhancing strategies or solutions OR does not demonstrate an understanding of possible effects. The information may be minimally accurate within a very limited presentation.
0	Incorrect

covered If a shoolyard LITTER! THROW TRASH nut trash cans around easier rende cou oicks medals remarded the m selves hanpening trom 01220

ANALYSIS: The response addresses an immediate solution and proposes preventative measures. The idea of signs against litter and cans for easier throw-away are simple plans that will be effective. Using an end-of-school party as a reward is realistic.

Right away you should complain
about it. Tell people how you feel and
if they don't listen then you can do
it yourself. Ho out get some
friends and pick all of the litter
lip. But le sure to mean safety
gloves so you don't get germs ou
deep cuts from broken plans once
you pick up the trask and litter
real could throw it out in the
garbage. Thou could also responde
all go the glass trush and perhaps
organic materials and alunimum foil.
That way, we could make more
items such as I'v's planes, and even
cars. Then we could have a healthy
enviornment. To keep it healthy
you should put trash barrels &
in the playground so when you
do have trass you could put it in there

ANALYSIS: A well-thought-out response that mentions immediate solutions (talking with people, picking up litter) and preventative measures (the use of gloves to prevent deep cuts or germs) is given. Included are good future measures such as recycling and the indication of long-term concern for the environment.



ANALYSIS: The response consists of a list with very little elaboration. Although the six ideas given are valid, more information is needed about the possible effects.

you and all of your friends can help by cleaning the schoolyard together. Tell the princable of the school to announce, whoever litters again will have a whole weeks detention. That way the whole school will be cleaning and there will be no more mess in the playground. Sometimes you find that a piece of paper falls out of the thrashcan, and it is not yours, you should pick up any way.

ANALYSIS: The response is generally comprehensive with a major emphasis on "cleaning" the school yard. There is no mention of action in the future except for the idea of detention for littering.

QUESTION: "The schoolyard has become an environmental problem, with litter, broken glass, and garbage everywhere. What are some of the things that could be done right away to correct the problem and to keep it from happening again?"

The right way to correct the froblem is by

Hilling a garbedge can there obtuhenest you

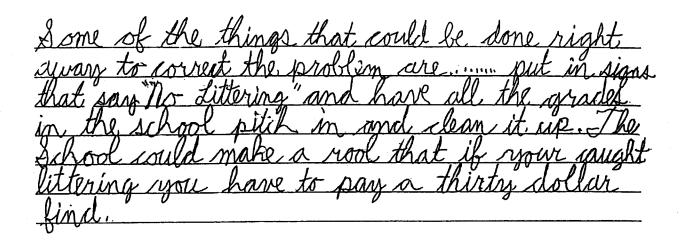
see the garbege pick it UP, have nomeone

come and Tall to the school kids what

the garbege cool do To the air and the realth.

ANALYSIS: Workable strategies are listed without support and are not comprehensive.

QUESTION: "The schoolyard has become an environmental problem, with litter, broken glass, and garbage everywhere. What are some of the things that could be done right away to correct the problem and to keep it from happening again?"



ANALYSIS: Realistic immediate solutions are given but the future "fine of \$30" is not a workable health-enhancing solution or strategy.

QUESTION: "The schoolyard has become an environmental problem, with litte	r,
broken glass, and garbage everywhere. What are some of the things that could be	<i>e</i>
done right away to correct the problem and to keep it from happening again?"	

__nesigal

ANALYSIS: The response is a minimal one-word answer.

QUESTION: "The schoolyard has become an environmental problem, with litter, broken glass, and garbage everywhere. What are some of the things that could be done right away to correct the problem and to keep it from happening again?"

All +	he chi	ldren	Should	have a	<u> </u>
Earth	Day	Wear	all +	he Chi	ldren
pick			litte		
other	children	l Und	erstand	that	
Litter	nna is	ba			

ANALYSIS: A one-day event is not an effective solution for short- and long-term littering problems. Credit is given for the recognition of a need for school-wide involvement.

ITEM 2

"Fernando is a good student and does his best to follow the school rules. He always does his homework and studies for tests. The school bully is in Fernando's class and now sits near him. He has started to throw things at Fernando, steal his pencils, cut in front of him in line, and call him names while on the playground. What are some things Fernando can do to stop the bully from bothering him?"

GRADE 4 HEALTH ITEM-SPECIFIC SCORING GUIDE FOR: ITEM 2

SCORE	DESCRIPTION
4	Communication about how to handle a bully is clear, persuasive and appropriate for the audience. A strong and logical health-enhancing position is recommended. Information is accurate and comprehensive.
3	Communication about how to handle a bully is mostly clear, persuasive and audience appropriate. Recommendations are logical and healthenhancing, but not strongly focused. Information is mostly accurate and generally comprehensive.
2	Communication about how to handle a bully is somewhat clear and persuasive or the message may not be appropriate for the audience. Recommendations are health-enhancing but inconsistent with the information presented. Information contains some major inaccuracies or is not very comprehensive.
1	Communication about how to handle a bully is unorganized and the message is inappropriate for the audience. Health-enhancing recommendations are weak. Information may be minimally accurate within a very limited presentation.
0	Incorrect.

Fernanda can ask his teacher	
if his seaf can be moved or	
tell his teacher the the bully	
is bothering him and his teached	
can do something about it. If	
Lan de	
his teacher can't do any thin	
about it he should tell the prinap	
or a grown up he can trust.	
When the bully is calling him	
names he can eather ignor him	<u></u>
tell a teacher or he can tell t	b
bully the ryme about nam	e
"Sticks and stones may break my	
bones but names will never butt	
me, me	

ANALYSIS: The student presents a logical series of steps Fernando can take to thwart the bully (move his seat, tell a grown-up, ignore him, etc.). Explanations are clear and complete.

Fernando should ignore the larly when he calls him mames. It may help alot. When the bally throws things at him and cuts in front of him he should tell the mearest adult. They can take care of him. If he keeps on bothering him someone should call his mom. If he keeps on bothering him someone should call his mom. Then I'am sure the brilly will stop bothering Fernando.

You could also stay away from him play with a group of friends, They could help you to if you asked. Show the bully how many friends you have against him, the bully may wal away and not bother Fernando again.

ANALYSIS: The response includes several valid suggestions, addressing all aspects of the problem (ignore him, tell an adult, play with a group).

Some of the things fernando
could do are, tell a adolt
ar a friend, politic or his
teacher. Or you could try to
tell him that he is only doing
this becaus he is burt inside.
Dr is having a family problem.
You could try to tell him
that it dose not feal nice
to be pict on or trased so
haw wold you like it is
you are trased. So don't
teas envone becaus it feals bad.

ANALYSIS: Although the response includes some good suggestions for help, it loses focus when discussing what may motivate the bully's action.

Tell a teacher
a) Walk away
3 Ignore the July
4) Tet hm leave Ime alone
or talk to him and comforthin ask
him to believe friend
a COUPLE OF THINGS YOUShould
not bo
@ Do the same thing back
a) In not go bully him back

ANALYSIS: This response provides a reasonably comprehensive list of things to do and avoid doing. More description of how the teacher might help would have enhanced this answer.

tell the teacher what he is doing, ash to move his deah somewhere else.

ANALYSIS: Several appropriate actions are indicated but not elaborated in this student's work.

he could tell the teatcher and
she would probly do something
about it or he could tell a
aid when he his out on the
playground

ANALYSIS: The response correctly identifies two sources of help but does not explain how either might assist Fernando in resolving the problem.

ask him to stop and if he dosnot

ANALYSIS: Appropriate actions are suggested but not elaborated in this response.

foully and the bully will stop bothering him.

ANALYSIS: Only a single strategy is described. This is a very minimal response.